







<p><b>Vital Milk's 100% insurance- covered models</b></p>	<p><b>Spectra® S2+</b></p> 	<p><b>Spectra® 9+</b></p> 	<p><b>Zomee Fit®</b></p> 	<p><b>Zomee Z2 w/Travel Bundle OR w/Hands Free Collection Cups</b></p> 	<p><b>Ameda® Mya Joy Plus w/Deluxe Tote</b></p> 	<p><b>Medela® Pump In Style Max Flow</b></p> 
<p><b>MODEL</b></p>	<p><b>MM0113050</b></p>	<p><b>MM011343</b></p>	<p><b>Minuet LCD</b></p>	<p><b>Z2</b></p>	<p><b>132A06</b></p>	<p><b>101041360</b></p>
<p><b>Speed and Suction</b></p>	<p><b>Speed and Suction are adjusted separately</b></p>	<p><b>Speed and Suction are adjusted together</b></p>	<p><b>Speed and Suction are adjusted together</b></p>	<p><b>Speed and Suction are adjusted together</b></p>	<p><b>Speed and Suction are adjusted together</b></p>	<p><b>Speed and Suction are adjusted together</b></p>
<p><b>Pump Weight</b></p>	<p><b>2.5 lbs</b></p>	<p><b>.9 lbs</b></p>	<p><b>10 oz each</b></p>	<p><b>1 lb</b></p>	<p><b>1.1 lbs</b></p>	<p><b>1.18 lbs</b></p>
<p><b>Motor Warranty</b></p>	<p><b>2 year</b></p>	<p><b>2 year</b></p>	<p><b>3 year</b></p>	<p><b>2 year</b></p>	<p><b>2 year</b></p>	<p><b>1 year</b></p>
<p><b>Rechargeable</b></p>	<p><b><u>NO</u> AC Adapter only</b></p>	<p><b>YES Internal Rechargeable Battery</b></p>	<p><b>YES Internal Rechargeable Battery</b></p>	<p><b>YES Internal Rechargeable Battery</b></p>	<p><b>YES Internal Rechargeable Battery</b></p>	<p><b><u>NO</u> Separate AA Battery Pack (8 AAs not included)</b></p>
<p><b>FREE Extras</b></p>				<p><b>(1) Large Tote Bag (1) Cooler Bag (2) Ice packs (3) 4oz bottles <b>OR</b> (2) Hands free Collection Cups</b></p>	<p><b>(1) Large Tote Bag (1) Cooler Bag (3) Ice packs (6) 4oz bottles (50) Milk collection bags (2) adapters to pump directly into storage bags</b></p>	
<p><b>Flange Sizes Included</b></p>	<p><b>24mm, 28mm</b></p>	<p><b>24mm</b></p>	<p><b>25mm, 21mm inserts , 17mm inserts</b></p>	<p><b>24mm, 28mm</b></p>	<p><b>25mm, 28.5mm</b></p>	<p><b>24mm</b></p>

	<b>Spectra S2+</b>	<b>Spectra 9+</b>	<b>Zomee Fit</b>	<b>Unimom Zomee Z2</b>	<b>Ameda Mya Joy Plus</b>	<b>Medela Pump In Style MaxFlow</b>	<b>Medela Pump In Style Starter Set</b>
<b>Vacuum/Suction Strength STIMULATION PHASE</b>	Approx. 50-280 mmHg	Approx. 50-240 mmHg	Approx. 30-120 mmHg	Approx. 40-100mmHg	Approx. 40-150 mmHg	Approx. 50-295 mmHg	Approx. 50-250 mmHg
<b>Speed/Cycles per Minute STIMULATION PHASE</b>	Approx. 70 cpm	Approx. 70 cpm	Approx. 100cpm	Approx. 95-200 cpm	Approx. 60 cpm	Approx. 120 cpm	Approx. 120 cpm
<b>Vacuum/Suction Strength EXPRESSION PHASE</b>	Approx. 50-280 mmHg	Approx. 50-260 mmHg	Approx. 120-260 mmHg	Approx. 85-260 mmHg	Approx. 50-280 mmHg	Approx. 50-240 mmHg	Approx. 50-250 mmHg
<b>Speed/Cycles Per Minute EXPRESSION PHASE</b>	Approx. 38-54 cpm	Approx. 46 cpm	Approx. 26-60 cpm	Approx. 20-115 cpm	Approx. 30-50 cpm	Approx. 54-78 cpm	Approx. 54-78 cpm

**YOU CAN MAXIMIZE YOUR MILK OUTPUT AND HELP YOUR BODY ACHIEVE MULTIPLE “LET DOWNS” BY SIMPLY KNOWING HOW TO USE YOUR PUMP’S SETTINGS**

**BEGIN PUMPING in STIMULATION PHASE/MASSAGE MODE** The high speed mimics a baby’s rapid sucking motion to get milk flowing at the breast.

**STIMULATION PHASE/MASSAGE MODE = HIGHEST SPEED SETTING & ADJUST SUCTION STRENGTH BASED ON YOUR LEVEL OF COMFORT**

**SWITCH to EXPRESSION PHASE** when your milk ejection reflex or “let down” occurs. This slower speed mimics the baby’s pause to swallow while at the breast in addition to simulating a baby’s deeper sucking in order to produce the most milk flow.

**EXPRESSION PHASE = SLOWER SPEED SETTING & ADJUST SUCTION STRENGTH BASED ON YOUR LEVEL OF COMFORT**

**REPEAT** to create multiple ejection reflexes or “let down” occurs

**Please keep in mind that double pumping generally results in better pumping output and is better for maintaining milk supply. Also, please note that using the highest suction can cause discomfort and inhibit milk flow.**